

## **Patient Instructions and Restrictions For Event Recorders**

**Please allow 30 minutes in you schedule for this exam.**

Event monitoring is a cardiac diagnostic study that permits prolonged electrocardiographic monitoring an intermittent patient activated recording and transmission for the evaluation of sporadic symptoms.

The patient will have the monitor applied at the office by the technician. The technician will instruct and demonstrate to the patient how to use the monitor. The patient will be enrolled with the monitoring service that receives the patient's transmissions. Upon receiving these transmissions, the monitoring service will send the tracings electronically to the clinic for review by a physician. The monitoring service provides 24-hour coverage to receive emergency transmissions and if necessary, will notify the referring physician immediately. This service does not replace the patient calling emergency services should the need arise..

The patient will be given the event monitor for a week or longer (up to a month) so a recording may be made whenever the symptom(s) occur.

**Please notify North Cascade Cardiology 24 hours in advance if a cancellation should arise. If you have any questions please call.**

**As with all office visits, bring your insurance cards and your medications (or a current list with daily dosages).**